

BTEC National Certificate in Sport (Sports Development and Fitness)

Teachers: Mrs Pickard, Ms Heiskanen & Ms Bryant

Examination Board: EDEXCEL

Aims

During the two year course students must complete all seven core units plus five specialist units.

All units are assessed by coursework. There will be approximately 3-4 assignments for each module.

Core Units:

Unit Title

The Body in Action
Health and Safety in Sport
Training and Fitness for Sport
Sports Coaching
Sports Development
Fitness Testing for Sport and Exercise
Practical Sports (Team or Individual)

Specialist Units:

Unit Title

Sports Nutrition
Leadership in Sport *
Psychology for Sports Performance
Sports Injuries
Working with Children in Sport

* The Community Sports Leadership Award (CSLA) will be compulsory with Leadership in Sport.