

Edexcel BTEC Level 3 Diploma in Sport (Development, Coaching and Fitness)

Teachers: Mrs Pickard, Ms Heiskanen & Miss Kennedy

Examination Board: **EDEXCEL**

Aims

During the two year course students must complete a minimum of 120 credits. Minimum credit to be achieved at the level of qualification is 90 credits.

All units are assessed by coursework. There will be 3 assignments for each module.

Mandatory unit credit - 80 credits

Mandatory Units - 8 units MUST be taken

Unit	Title	Credit
1	Principles of Anatomy & Physiology in Sport	5
2	The Physiology of Fitness	5
3	Assessing Risk in Sport	10
4	Fitness Training and Programming	10
5	Sports Coaching	10
6	Sports Development	10
7	Fitness Testing for Sport & Exercise	10
8	Practical Team Sports	10
	OR	
9	Practical Individual Sports	10
Total		70 Credits

Optional Unit Credit: 50 Credits

Optional Units - 50 Credits

Unit	Title	Credit
11	Sports Nutrition	10
13	Leadership in Sport*	10
17	Psychology for Sports Performance	10
18	Sports Injuries *	10
23	Organising Sports Events	10
Total		50 Credits

* The Community Sports Leadership Award (CSLA) will be compulsory with Leadership in Sport.

* Sport First Aid will be compulsory with Sports Injuries.