

01 May 2009

Dear parents and guardians

I am writing to reassure you that we are working with Westminster City Council and the Health Service to be ready for the possible spread of Swine Flu.

As you will have heard on the news, the World Health Organisation has raised the level of alert to level 5.

It is not yet known how severe the symptoms could be or how many people will be affected but we do know that simple and basic hygiene methods are the best defence against the illness.

We can all help our children to have the good hygiene habits that will reduce the risks of them catching or passing on the flu. The key points to emphasise are :

- Always carry tissues.
- Use clean tissues to cover your mouth and nose when you cough or sneeze.
- Bin the tissues after one use.
- Wash your hands frequently and thoroughly with soap and hot water or a sanitiser gel.

Please see the Dept of Health's Catch It, Bin It, Kill It campaign so that you can support these good habits at home. You can Google "Catch It, Bin It, Kill It" or use the following full web address:-

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_080839

If your daughter or son has flu-like symptoms and a temperature, please call NHS Direct on 0845 4647 or call your GP for advice before sending them to school.

Many thanks for your cooperation. We will put any information for parents that is sent out to schools on the school website.

Best wishes



Rachel Allard
Headteacher