



WELCOME TO PSYCHOLOGY!

PSYCHOLOGY TRANSITION BOOKLET

- Welcome to psychology and the summer transition work.
- This booklet will introduce you to some of the theories, ideas, and studies that we will be investigating within psychology.
- We use the AQA syllabus.
- Psychology will be a new subject to you so it is important that you gain as much information as you possibly can and see what this subject has to offer. Whilst psychology can be challenging it also brings great insight and understanding of the world and people around us.

Read through the tasks in this booklet and complete the project and bring with you on the first day you start in sixth form. We hope that you enjoy this project as you start your A level journey. Have a great summer and we look forward to welcoming you in September.



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REMEMBER - To help you research this information – please don't copy and paste big chunks from the internet. You need to phrase these in your own words. Internet sites to visit to help you:

- Tutor2u (psychology),
- youtube,
- simply psychology,
- moodle (psychology page – self enrol),
- British Psychological society – student section.
- And lots of others!!!!



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CONCEPT	DEFINITION
Psychology	
Quasi experiment	
Naturalistic experiment	
Extraneous variable	
Reliability	
Validity	
Cognitive approach	
Biological approach	
Psychodynamic approach	
Case study	
Social learning theory	
Behaviourist approach	
fMRI	
Post mortem	

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Part two: - researching the different theories within psychology

Complete the sections within the boxes –

NO 1 - BIOLOGICAL APPROACH

How does the biological approach attempt to explain the causes of human behaviour?
(depression, OCD, Schizophrenia)

Identify how the biological approach suggests psychological conditions should be treated.

The biological approach can be accused of being deterministic – what does this mean?

What does genotype and phenotype mean?

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THE BEHAVIOURAL APPROACH

What are the key beliefs of this approach?

What are the names of two Behavioural Psychologists and what did they propose?
(using rats and dogs)

How might this approach explain gaining a phobia?



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What kind of research methods does this approach use?

COGNITIVE APPROACH

What does this approach say is the cause of behaviour?

What methods does it use to test behaviour?



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Identify some areas in psychology that use the cognitive approach.

What is meant by the term 'schema' in psychology?

What type of treatment does the Cognitive approach use to treat depression?

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Part three: - researching a classic study.

Your task is to research one of the key studies that we use in psychology and at some point during the term you will need to recall this as a summary in test conditions.

But you need to research it and make some notes (which can be added to later if needed).

Please select one from the following: -

1. Milgrams Study of obedience
2. Asch's study of conformity
3. Ainsworth's strange situation
4. Van Ijzendoorn and Kroonenberg's cross cultural study of attachment
5. Bowlby's 44 thieves study – Maternal deprivation theory

You should produce a fact sheet based on one of these key studies above to include: -

The aim of the study –

The research methodology and procedures –

What type of experiment, participants, what did they actually do in the study? –

What were their findings / results. –

What conclusions can be drawn from this experiment – ie what does this mean (any theories it supports) –

Any strengths or weaknesses from this experiment/study.

Use pictures if you can. Please print and stick into this booklet.

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