



The Grey Coat Hospital

PSHCE Policy

POLICY NAME:	PHSCE Policy
GOV COMMITTEE:	Curriculum Committee
LAST POLICY REVIEW DATE:	September 2025
POLICY REVIEW SCHEDULE:	3 Years

Vision

Our vision: “The aim of The Grey Coat Hospital is to enable students to take charge of their learning, make decisions based on Christian values, live in the world as independent women and men, and meet the challenges of the twenty-first century.”

We take a whole school approach to Personal and Social Development. This reflects the needs of the pupils, the Christian ethos of the school and the broad aims of the National Curriculum. We recognise and celebrate all individuals in this diverse community. Personal, Social, Health and Citizenship Education (PSHCE) helps students to identify, celebrate, and manage the many personal, economic and social challenges they face, while they are at school, and in the future. Through PSHCE education students should acquire and extend the knowledge and skills they need as they, and their communities, grow and change, so that they can be safe, healthy and economically secure.

National Curriculum Context

The National Curriculum set out the aims of the curriculum as:

- Aim 1: The school curriculum should aim to provide opportunities for all students to learn and achieve
- Aim 2: The school curriculum should aim to promote students spiritual, moral, social and cultural development and prepare all students for the opportunities, responsibilities and experiences of life

The interdependence of these two aims is clear. The personal development of students plays a significant part in their ability to learn and to achieve. Therefore, the inclusion of PSHCE in the taught and hidden curriculum is fundamental to meeting these aims.

Our PSHCE programme of study enables us to promote the well-being of students and provide a programme of relationships and sex education and drugs education. It also provides students with the opportunity to practice skills; examination of attitudes and gain knowledge.

The key principle behind PSHCE is that it reflects the five outcomes of the “Every Child Matters” agenda. Additionally, the PSHCE programme at The Grey Coat Hospital will be committed to developing students who are:

- Successful learners - who enjoy learning, make progress and achieve
- Responsible citizens - who make a positive contribution to society
- Confident individuals - who are able to live safe, healthy and fulfilling lives

Aims:

The role of PSHCE will be to provide planned learning experiences to promote the personal, social, health and citizenship education of students and its importance in ensuring that students fulfil their individual potential. PSHCE will be delivered within our agreed aims, values and moral framework, which are sensitive to the needs and beliefs of students, parents / carers and other members of the school community. This will be delivered within our agreed equal opportunities framework.

Through PSHCE we aim to support students to:

- Develop confidence and responsibility and to make the most of their abilities
- Prepare to play an active role as citizens
- Develop good relationships and to report the differences between people
- Gain knowledge and understanding about becoming informed citizens

- Develop skills of enquiring and communication
- Develop skills of participation and responsible action
- Develop resilience in the face of personal, academic and societal changes and challenges

Objectives of the Policy:

Students will develop values, attitudes, knowledge, skills, and understanding in order to meet the Government's aim for every child, regardless of background or circumstance to:

- Be healthy
- Stay safe
- Enjoy and achieve
- Make a positive contribution
- Achieve economic well-being

Delivery of PSHCE:

- The taught PSHCE curriculum has been shaped around three themes which run through all of Years 7-11, namely:
 - Health and Wellbeing
 - Living in the Wider World
 - Relationships
- The specific content for the themes increases in complexity in each year and is age appropriate, building specific knowledge and extending student's understanding.
- At KS3 PSHCE will be delivered by form tutors, Heads of Year and External Agencies through two 50-minute lessons a fortnight for Years 7 and 8 and one 50-minute lesson a fortnight for Year 9.
- At KS4 PSHCE will be delivered by form tutors, Heads of Year and External Agencies through a weekly form time session (8.30am – 9.00am).
- KS3 and 4 will also have different workshops and drop-down days during the course of each academic year to support the delivery of the PSHCE programme, outside of the designated curriculum time.
- Our PSHE programme of study follows the statutory guidance from the Government in relation to:
 - Health Education
 - Relationships and Sex Education (RSE)
- Certain aspects of PSHE will also be enhanced through the teaching in academic subjects including Science, Maths, History, ICT and Religious Education.
- At KS5 PSHCE will be delivered through fortnightly timetables sessions delivered by the student's form tutor following the curriculum plan put in place by the sixth form Heads of Year. In tandem with this runs the Speakers programme, integrated curriculum themes, assemblies, classroom activities including coaching sessions, enrichment and extra-curricular activities.
- PSHE lessons will incorporate the themes of economic wellbeing, careers and employability.
- Citizenship education is taught as part of the PSHE programme of study and supported by further studies in academic subjects including Religious Education and History
- The PSHCE programme for each year will be the responsibility of the Head of Year working within a framework developed by the Assistant Headteacher
- A balanced range of teaching strategies will be employed to provide for the effective delivery of PSHCE for all students.
- Resources used will reflect the needs and ages of students, the cultural diversity of the school community, and will be regularly reviewed and updated.

- Activities which emphasise active learning and participation, where students are encouraged to assess evidence, negotiate, make decisions, solve problems, work independently and in groups and to learn from each other will be encouraged.
- The PSHCE Scheme of work will be based upon the National Curriculum guidance, both statutory and non-statutory and build on best practice as laid out by the PSHE Association.
- The pastoral day and “theme of the year” chosen by students and staff will also help enhance the delivery of key PSHCE themes.
- Teaching and learning approaches including: Circle Time, problem solving, research, discussions, drama/role play, games and others.

External Support

- Our School Nurse and Local Primary Care Trust work closely with the Assistant Headteacher, Inclusion Department and Heads of Year in the preparation and delivery of PSHCE lessons.
- The Assistant Headteacher in charge of PSHE works alongside other local networks.
- Workshops delivered by external agencies and the School Counsellor will be held throughout the academic year to enhance the PSHCE programmes of study across all Key Stages.
- Parent workshops will be delivered to reinforce the messages given in student workshops, particularly on mental health and wellbeing and safeguarding including how to stay safe online.
- Key Stage and Year assemblies will help enhance the PSHCE provision
- Guidance will be sought from the Health Education Partnership, PSHE Association and Association for Citizenship Education when using resources from external agencies.

Development process:

This policy was developed in the context of The Grey Coat Hospital’s ethos and overall aims:

- mapping the current provision in terms of whole school, whole curriculum provision including that which is specifically classroom based;
- determining which objectives are already being met and where the activities are taking place;
- deciding where further development is needed and identify opportunities for carrying it out

Monitoring and Evaluation

The Assistant Headteacher will be responsible for:

- Ensuring the PSHCE policy is implemented as agreed
- Monitoring the effectiveness of the implementation
- Supporting staff to assess students’ personal development over time
- Recommending targets for whole-school development

Dissemination of the policy:

- Information about the PSHCE programme of study will be available to all within the curriculum area on the internal user platform SharePoint.
- Governors will receive their own copy.
- A paper copy of the PSHCE Policy is available to all upon request.

How the Policy was formulated:

The policy was formulated following discussions at Head of Year meetings and School Council and in conjunction with guidance from the Health Education Partnership and PSHE Association. It is regularly reviewed and updated as guidance changes.

Links to other policies:

- RSE Policy
- Drugs and Substance Abuse Policy
- Teaching and Learning Policy
- Equal Opportunities Policy
- Food Policy
- ICT Safety Policy

This policy is current until July 2026 in line with new guidance around PSHE.